Break The Barriers, Inc.

TUMBLING CLASSES

Monthly fees: $75 for one hour class per week

Tumbling classes are all floor work and the use of the tumbling track
Basic – Advanced students must have a skills evaluation prior to enrollment in a tumbling class. Please contact the BTB office to schedule an evaluation.

Basic Tumbling

Requirements: Ages 6yrs +, must have a forward roll and stand up (no hands), and must be able to do a handstand clap feet.

Schedule of Classes:
Tuesday 7:00 – 8:00
Wednesday 4:00 – 5:00
Wednesday 5:00-6:00
Saturday 12:00 – 1:00

Beginning Tumbling

Requirements: Ages 8 yrs +, must have right and left side cartwheels, a roundoff, a controlled handstand, and a standing backbend.

Schedule of Classes:
Monday 6:00 – 7:00
Tuesday 7:00 – 8:00
Wednesday 5:00 – 6:00
Thursday 6:00 – 7:00 Back Handspring Class
Saturday 12:00 – 1:00

Intermediate Tumbling

Requirements: Ages 8+, no spot round off back handspring, working side aerial, working front handspring and working front tuck

Schedule of Classes:
Wednesday 7:00 – 8:00
Thursday 7:00 – 8:00
Saturday 12:00 – 1:00

Advanced Tumbling

Requirements: Ages 8+, no spot round off 3 back handsprings, no spot side aerial, front handspring, front tuck, and standing back tuck

For more information:
Please call us at (559)432-6292 or visit us at 8555 N Cedar, Fresno CA 93720

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