

# Break the Barriers, Inc.

## Taekwondo Class Schedule

### Ages 4\*\* & Up

Monthly fees - One class per week + Sparring class \$85.00  
Two classes per week + Sparring class \$144.00

#### Monday

4:00-5:00	Beginning	Ages 4&up
5:00-6:00	Beginning	Ages 4&up
6:00-7:00	Black Belt in training	Permission Only
7:00-8:00	Black Belt	Permission Only

#### Tuesday

4:00-5:00	Beginning	Ages 4&up
5:00-6:00	Beginning	Ages 14&up
6:00-7:00	Beginning	Ages 4&up
7:00-8:00	Intermediate & Advanced	

#### Wednesday

4:00-5:00	Beginning	Ages 4&up
5:00-6:00	Beginning	Ages 4&up
6:00-7:00	Beginning	Ages 4&up
7:00-8:00	Black Belt	Permission Only

#### Thursday

4:00-5:00	Beginning	Ages 4&up
5:00-6:00	Beginning	Ages 4&up
6:00-7:00	Beginning	Ages 4&up
7:00-8:00	Intermediate & Advanced	

#### Friday

2:00-3:00	Sparring	
3:00-4:00	Sparring	
4:00-5:00	Sparring	
5:00-6:00	Sparring	

#### Saturday

9:00-10:00	Intermediate & Advanced	
10:00-11:00	Beginning	Ages 4&up
11:00-12:00	Sparring	
12:00-1:00	Beginning	Ages 4&up

#### Thursday

	<b>Monthly fee \$65.00</b>	
3:00-4:00	Lil Ninjas	Ages 3-5 yrs

*\*\* May start at age 4 if child has had preschool experience and can follow directions\*\**

**Master Instructor and Director: Chang-Il (Charles) Kim**

Taekwondo 5th Black Belt from Kukkiwon

Hapkido 5th Black Belt from Hwarangmooye Hapkido Federation

USA Taekwondo Referee & Coach - Level 1

Break the Barriers, Inc.

8555 N. Cedar Avenue, Fresno CA 93720

559-432-6292

**Beginning**

White

Yellow Stripe

Yellow

Green Stripe

**Intermediate Belts**

Green

Blue Stripe

Blue

**Advance Belts**

Red Stripe

Red

**Black Belt Candidates Only**

Black Stripe

Black Belts (1st Degree and up)